

BUSINESS OVERVIEW

DUNS: 091153335
CAGE: 8DOA1
COMPANY TYPE: LLC
ESTABLISHED: 2017

NAICS CODES

- 611430 Prof & Mgmt Dev Training
- 541611 Admin Mgmt & Gen Mgmt Cons Svc
- 541612 Human Resources Consulting Svc
- 541618 Other Mgmt Consulting Svc
- 561312 Executive Search Svc
- 611519 Other Tech & Trade Schools
- 611110 Elem & Sec Schools
- 611210 Junior Colleges
- 611310 Colleges, Univ & Prof Schools
- 611699 All Other Misc Schools & Instr
- 611710 Educ Support Svc
- 624190 Other Ind & Fam Svc
- 711510 Ind Artists, Writers & Performers
- 812990 All Other Personal Svc

CONTACT INFO

PM AND ASSOCIATES, LLC
721 WILLOW BEND DR
CASSELTON, ND 58012
(701) 412-1710
PATRICK@PATRICK-METZGER.COM



Patrick Metzger

MS, CSCS, Pn1

CAPABILITIES STATEMENT

EXECUTIVE SUMMARY

PATRICK METZGER is a Professional EOS Implementer®, keynote speaker and high performance coach. His core focus is partnering with and supporting teams and leaders for growth and success.

SERVICES & SOLUTIONS

OFFERINGS

- EOS® Implementation & Business Coaching
- Keynote Speaking
- Professional Development for Organizations & Leadership Teams

TOPICS

- EOS®
- Team Health
- Mindset
- Communication
- High Performance
- Goal Setting
- Personal Obstacles
- Clarity & Vision
- Organization
- Stress & Anxiety
- Values & Beliefs
- Work/Life Balance

KEY DIFFERENTIATORS

- 15+ years in education, training and coaching
- Realistic and relatable approach
- Core Values: Humbly Confident, Grow or Die, Do What We Say
Help First, Do the Right Thing

INDUSTRY EXPERIENCE

- State & Midwest based organizations
- Telecommunications
- Health/Medical
- Service
- Agriculture
- Construction
- Public/Higher Ed
- Financial



www.patrick-metzger.com

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PATRICK METZGER
PERSONAL BIO

At heart and by profession, Patrick Metzger has always been a teacher and coach, as he spent over a decade as a public school teacher and athletic coach in helping others reach goals and in building high-achieving teams.

After eleven years, he decided to embark on the entrepreneurial journey as an online coach in partnering with and supporting businesses and individuals in discovering and igniting their ultimate potential and highest performance. Within two years, Patrick had built his business from the ground up and was working with clients across North America, as well as performing keynote talks and professional trainings.

Now, as one of less than 400 Professional EOS Implementers in the world, Patrick helps owners of small to medium size businesses get the most out of their organizations by helping get everyone on the same page and executing the company vision, as well as by creating healthier, more cohesive and higher functioning leadership teams.

Patrick holds two education degrees, a Masters degree in leadership and has also been a regular contributor to Fargo Monthly magazine. Originally from the small town of Carrington, ND, he currently resides in Casselton, ND, with his wife, Carissa, and their daughter, Zahra.

CORE FOCUS

- Partnering with and supporting teams and leaders for growth and success

CORE VALUES

- Humbly Confident
- Grow or Die
- Do What We Say
- Do the Right Thing
- Help First

PROFESSIONAL ASSOCIATIONS & MEMBERSHIPS

- Prairie Family Business Association Professional Advisor
- National Small Business Association Leadership Council Member
- Executives' Club of Fargo-Moorhead Member
- United Way of Cass-Clay Emerging Leaders Member
- Fargo-Moorhead-West Fargo Chamber of Commerce Member
- EOS Worldwide Professional Implementer Community Member

PROFESSIONAL COACHING, SPEAKING & TRAINING EXPERIENCE

- State & Midwest-Based Organizations
- Health/Medical
- Telecommunications
- Agriculture
- Financial
- Service
- Public/Higher Ed
- Construction



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